

## **Recommendations and Guidelines for Parents**

Also follow General Hygiene Protocol.

- 1. Follow the hygiene protocols in this document.
- 2. Avoid congregating at facility entry points.
- 3. Remind players to arrive to training dressed and ready.
- 4. Only one parent/guardian attending soccer activities.
- 5. Person who drives the player should be the one who is also picking them up.
- 6. Parents/guardians are asked to avoid being on the field when possible.
- 7. No more than 1 person per 4m<sup>2</sup>.
- 8. Ensure to check-in with coach for completion of attendance at the soccer activity
- 9. At home, ensure all the player's equipment is washed separately from the other household items.
- 10. Ensure child is healthy and has no sign of COVID-19 symptoms.
- 11. Drop and pickup player while maintaining desired rules and regulations around pick-up/drop-off and being a spectator if allowed.
- 12. Snacks should be discouraged, however if allowed, ensure they are consumed and/or disposed of on site and not taken home.